

Council on Lifestyle and Cardiometabolic Health's



Most impactful publications – 2014

Chiuve, Stephanie E. *et al.* Lifestyle-based prediction model for the prevention of CVD: The Healthy Heart Score. *Journal of the American Heart Association*

Cook, Nancy R. *et al.* Lower levels of sodium intake and reduced cardiovascular risk. *Circulation*

Cunningham, Solveig A. *et al.* Incidence of childhood obesity in the United States. *New England Journal of Medicine*

Green, Angela K. *et al.* Sugar-sweetened beverages and prevalence of the metabolically abnormal phenotype in the Framingham Heart Study. *Obesity*

Lee, Duck-chul *et al.* Leisure-time running reduces all-cause and cardiovascular mortality risk. *Journal of the American College of Cardiology*

Lichtenstein, Alice H. *et al.* Food-intake patterns assessed by using front-of-pack labeling program criteria associated with better diet quality and lower cardiometabolic risk. *American Journal of Clinical Nutrition*

Mozaffarian, Dariush *et al.* Global sodium consumption and death from cardiovascular causes. *New England Journal of Medicine*

Sacks, Frank M. *et al.* Effects of high vs. low glycemic index of dietary carbohydrate on cardiovascular disease risk factors and insulin sensitivity: the OmniCard Randomized Clinical Trial. *Journal of the American Medical Association*

Thomas, Diana M. *et al.* Effect of dietary adherence on the body weight plateau: a mathematical model incorporating intermittent compliance with energy intake prescription. *American Journal of Clinical Nutrition*

Wang, Xia *et al.* Fruit and vegetable consumption and mortality from all causes, cardiovascular disease, and cancer: systematic review and dose-response meta-analysis of prospective cohort studies. *British Medical Journal*

Wickramasinghe, Chanaka D. *et al.* Prediction of 30-year risk for cardiovascular mortality by fitness and risk factor levels: The Cooper Center Longitudinal Study. *Circulation: Cardiovascular Quality and Outcomes*

**Join us at the Joint Council Dinner, Thursday, March 5, 2015 at 7:00 pm
(Marriott Baltimore Waterfront Grand Ballroom Salons 5-6) to hear more details!**