

American Heart Association
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Presenter Disclosure Information

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von Willebrand Factor, ADAMTS13, and Thrombotic Microangiopathy


FINANCIAL DISCLOSURE:
No relevant financial relationship exists

UNLABELED/UNAPPROVED USES DISCLOSURE:
Rituximab for the treatment of TTP

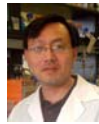
von Willebrand Factor, ADAMTS13, and Thrombotic Microangiopathy




X. Long Zheng



Elaine Majerus

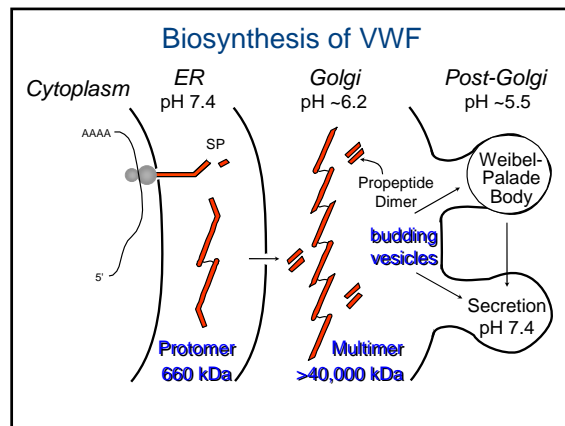
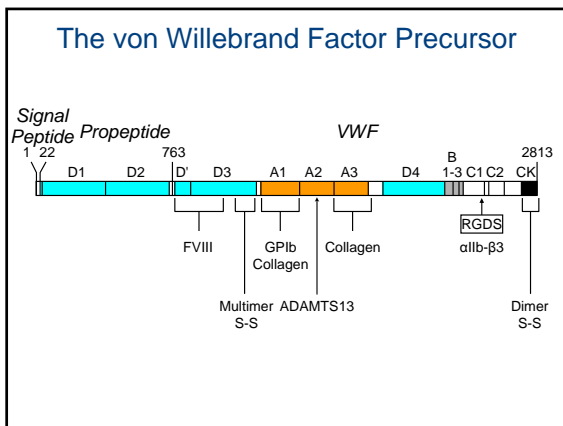


Weiqiang Gao

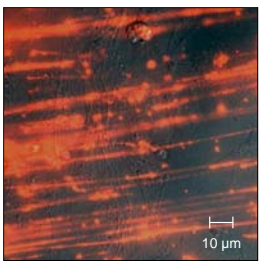


Hendrik Feys

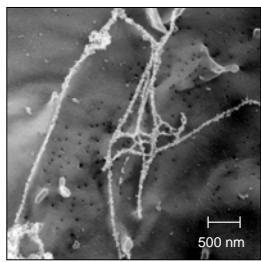
- Pathophysiology of thrombotic thrombocytopenic purpura (TTP)
- Proteolysis of von Willebrand factor (VWF) by ADAMTS13
- Clinical uses of ADAMTS13 data



VWF Secreted by Endothelial Cells

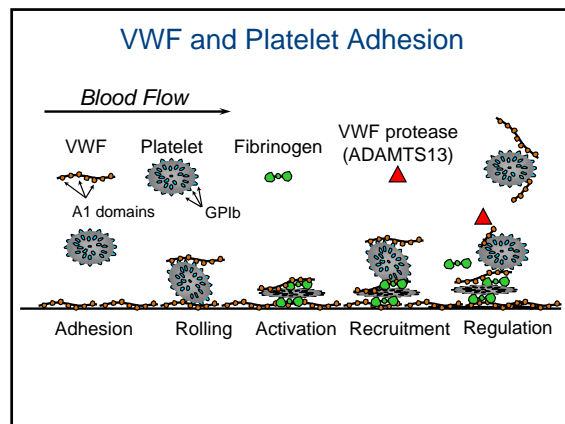


Histamine 100 μ M, 10 min
AlexaFluor594 anti-VWF



Quick-freeze deep-etch
15 nm gold anti-VWF

Jing Huang et al, *Blood* 2009; 113: 1589-97

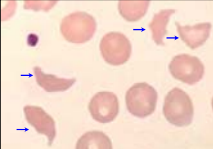


Thrombotic Thrombocytopenic Purpura

A Disorder of VWF Proteolysis

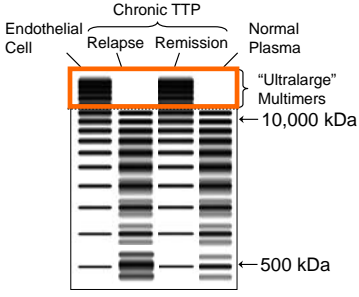
A classic pentad of signs:

- Microangiopathic hemolytic anemia
- Thrombocytopenia
- Neurologic dysfunction
- Renal disease
- Fever



≈ 4 per million incidence
 Strikes mainly young adult women
 Untreated, mortality >90%
 Treated with plasma exchange, mortality <20%

VWF Multimers in TTP



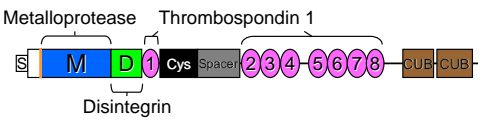
Failure to cleave ultralarge VWF causes TTP?

Moake et al, *N Engl J Med* 1982; **307**: 1432-1435

VWF Cleaving Protease in Plasma

- 1982: Predicted by Moake
- 1996: Discovered by Tsai and Furlan
- 1997: Absent in congenital TTP
- 1998: Absent in most idiopathic TTP (acquired IgG autoantibody inhibitor)
- 2001: Purified and sequenced by Fujikawa and Furlan

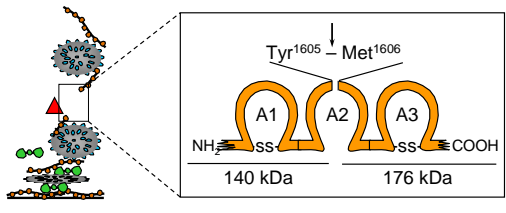
VWF Cleaving Protease (ADAMTS13)



A Disintegrin-like And Metalloprotease with Thrombospondin-1 repeats

Zheng et al, *J Biol Chem* 2001; **276**: 41059-63
 Levy et al, *Nature* 2001; **413**: 488-94
 Soejima et al, *J Biochem (Tokyo)* 2001; **130**: 475-80

Shear and VWF Proteolysis



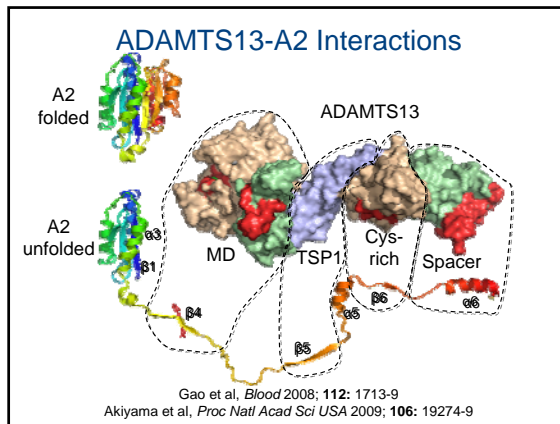
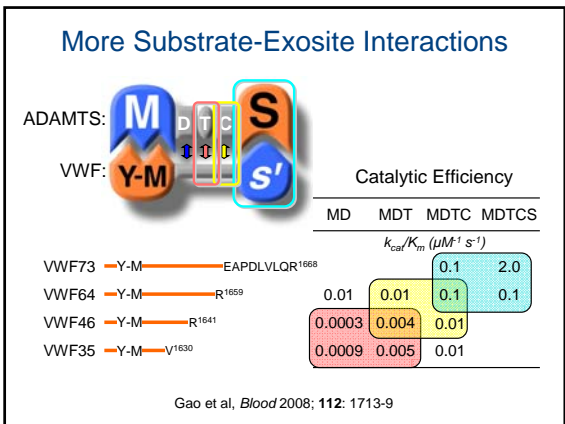
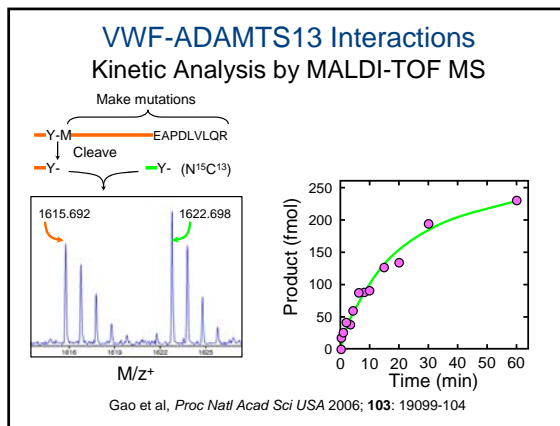
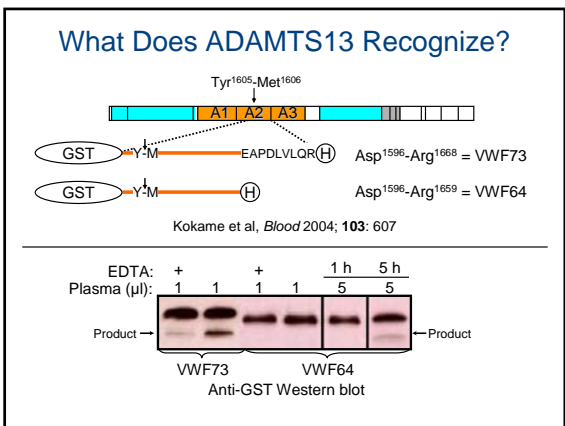
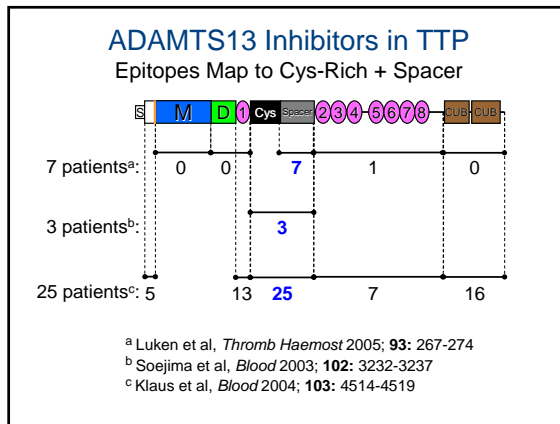
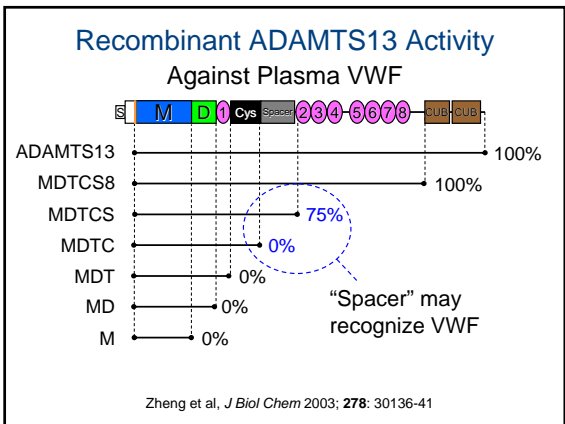
Proteolysis increased by:

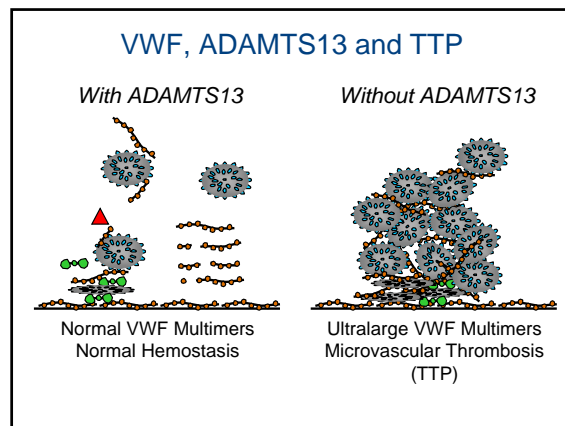
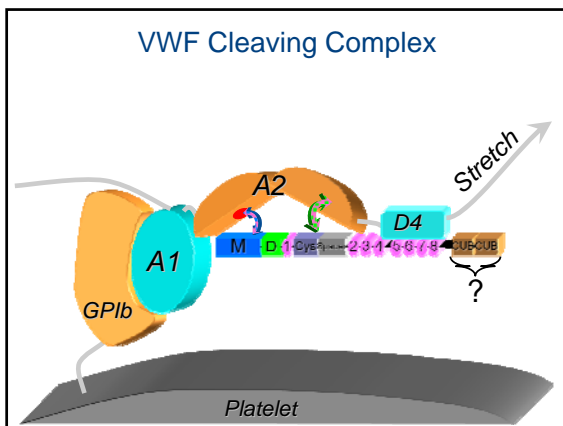
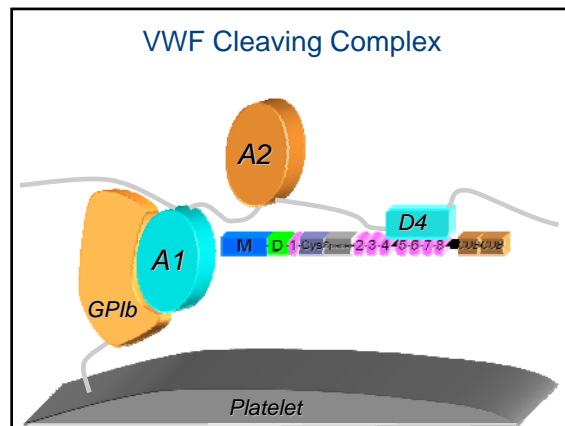
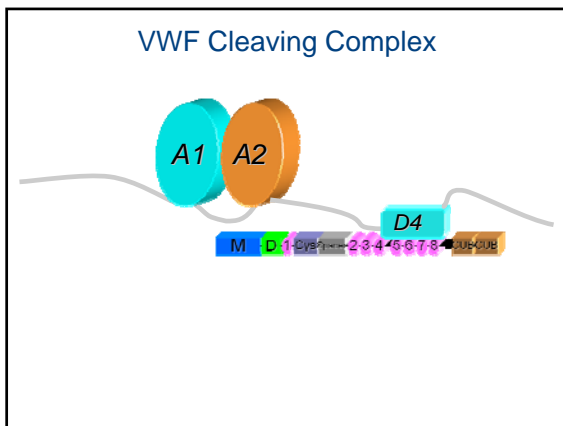
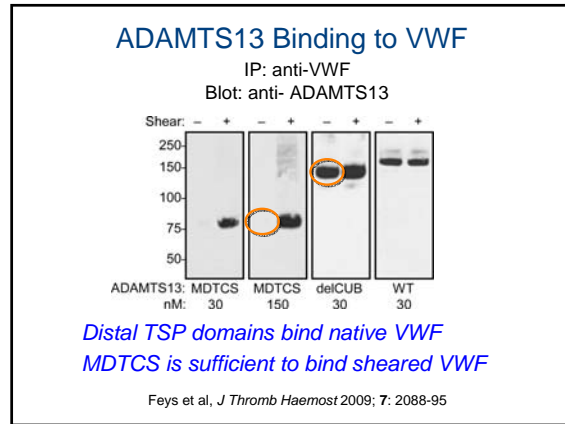
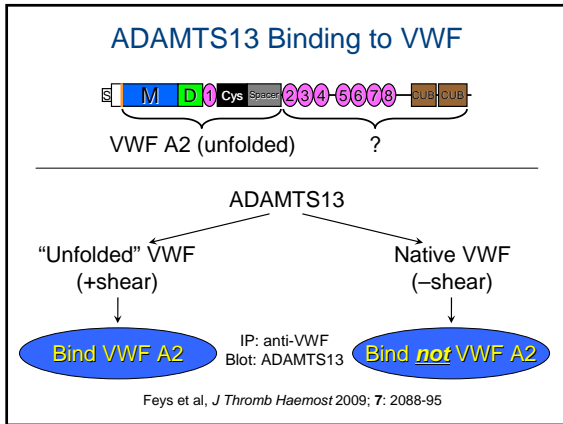
- Shear stress (aortic stenosis)
- VWD type 2A and 2B mutations

Why is ADAMTS13 Specific for VWF?

ADAMTS13 is constitutively active
“Stretched” or “sheared” VWF is the only known natural substrate
No ADAMTS13 inhibitors in vivo
Plasma is a tough environment:

- [ADAMTS13] = 1 µg/ml
- [VWF] = 10 µg/ml
- [Total Protein] = 80 mg/ml (8,000-fold higher)





23 yo AA Male (2007)

HPI: 1 wk of malaise, fevers, abdominal pain, nausea and vomiting, somnolence

PE: Temp 37.6 °C, BP 184/133, Pale, disoriented

CBC:

- Hgb 6.5
- Platelets 10K
- 20 schistocytes/HPF

Other Labs:

- Cr 2.9 mg/dL
- LDH >1800 IU/L
- Troponin I 15 ng/mL

Diagnosis: Thrombotic thrombocytopenic purpura

Treatment: Prednisone, plasma exchange...

TTP – Clinical Course

80% respond to plasma exchange in average of 16 days (range, 3-36)

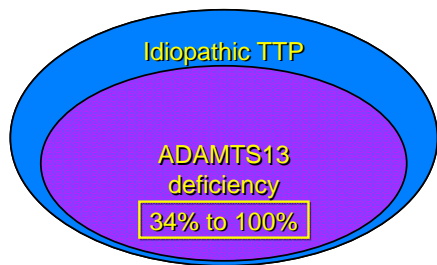
20% dead within with 5 weeks

40% of responders have *exacerbations* within one week

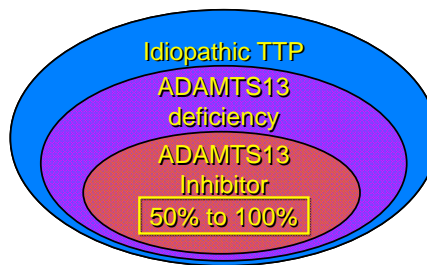
30% of responders *relapse* within 2 years

Rock et al, *New Eng J Med* 1991; 325: 393-397

Autoimmune Idiopathic TTP Acquired ADAMTS13 Deficiency



Autoimmune Idiopathic TTP Acquired ADAMTS13 Deficiency



ADAMTS13 – Clinical Correlations

ADAMTS13 deficiency (<5-10%) predicts:

- “Idiopathic” (primary) TTP
- Response to plasma exchange
- Survival (long term)
- Relapse

ADAMTS13 inhibitor predicts:

- Prolonged time to complete response
- Death (early)
- Relapse

Reviewed in Coppo et al, *Br J Haematol* 2005; 132: 66-74
(≈391 total patients)

ADAMTS13 – Clinical Correlations

Character	Odds Ratio
ADAMTS13 <10%:	
• Survival	(≈5)
• Primary TTP	≈8
• Female Gender	≈4
• African Ancestry	≈8
• Obesity	High
ADAMTS13 Inhibitor Present:	
• Relapse	≈13

Kremer Hovinga et al, *Blood* 2010; 115: 1500-11
Zheng et al, *Blood* 2004; 103: 4043-9
Vesely et al, *Blood* 2003; 102: 60-8
Veyradier et al, *Blood* 2001; 98: 1765-72

ADAMTS13 Deficiency and Relapse

At Presentation:

- ADAMTS13 < 10%: 30% relapse in 2 years, and risk continues
- For example, *at WUMS: 11/16 (70%) relapsed, 5/16 (30%) dead, by 6 years of follow up
- ADAMTS13 > 10%: 4% relapse in 2 years

Kremer Hovinga et al, *Blood* 2010; **115**: 1500-11
 *(follow up of patients in) Zheng et al, *Blood* 2004; **103**: 4043-9

ADAMTS13 Deficiency and Relapse

In Remission:

- ADAMTS13 < 10%: 21/35 (60%) relapsed
- ADAMTS13 > 10%: 14/74 (19%) relapsed

At Relapse:

- ADAMTS13 < 5%: all patients

Peyvandi et al. *Haematologica* 2008; **93**: 232-9

25 yo AA Male (2009)

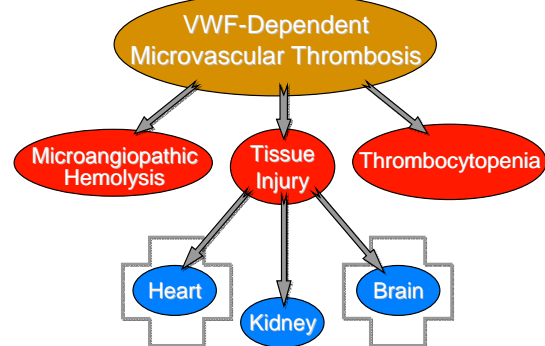
HPI: Found down with R hemiparesis. Discharged 21 days ago for relapsed TTP, treated with PE, rituximab x 1. Did not keep clinic appointments.

PE: Temp 36.5 °C, BP 114/63, Pale, R hemiparesis

- | | |
|------------------------|-------------------------|
| CBC: | Other Labs: |
| • Hgb 5.1 | • Cr 1.31 mg/dL |
| • Platelets 346K | • LDH 187 IU/L |
| • 0-1 schistocytes/HPF | • Haptoglobin 251 mg/dL |

MRI: Acute to subacute infarcts medial L parietal lobe and deep in L cerebral white matter

Thrombosis Preceding TTP?



25 yo AA Male (continued)

Diagnosis: Exacerbation of TTP (without MAHA)

Course: PE daily with resolution of UE weakness by day 2, persistent LE weakness requiring a walker. Rituximab #2,3,4 given in hospital...

ADAMTS13:

Date	Activity	Inhibitor	Comment
3/2007	<5%	<0.4 U/ml	Diagnosis
4/2007	<5%	3.2 U/ml	Refractory to PE
8/2009	<5%	3.6 U/ml	Relapse
9/2009	<5%	<0.4 U/ml	Exacerbation

Rituximab for Refractory TTP

>37 reports, ≈100 patients failed PE, many failed steroids, vincristine, splenectomy

Rituximab 375 mg/m² weekly, up to 8 doses

- 95% durable complete responses in 1-3 weeks
- 10% late relapses (>1 yr), almost all achieved CR upon retreatment
- Serious reactions (one each): cardiogenic shock, gastrointestinal Strongyloides, CMV reactivation, HZV myelitis/encephalitis

Elliott MA et al, *Eur J Haematol* 2009; **83**: 365-42
 Ling HT et al, *Am J Hematol* 2009; **84**: 418-21

TTP – Summary

Look for hemolysis and schistocytes in all patients with anemia and thrombocytopenia

Severe ADAMTS13 deficiency is:

- Uncommon in secondary TTP
- Common in primary TTP

ADAMTS13 inhibitors correlate with:

- Relapse risk
- Early death

Refractory TTP may respond to rituximab

TTP – Questions

Can ADAMTS13 assays diagnose atypical presentations of TTP or predict relapses?

Should the goal of treatment be a normal ADAMTS13 level?

Does plasma exchange help patients with normal ADAMTS13?

von Willebrand Factor, ADAMTS13 and Thrombotic Microangiopathy

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